



**DELHI SKILL AND
ENTREPRENEURSHIP UNIVERSITY**

Diploma in Cosmetology & Health

Syllabus Document



Effective from Academic Year 2021-22

Program Summary

Diploma in Cosmetology and Health is a three-year program where the students are taught about Beauty, Hairdressing and Yoga. With people becoming more and more health and beauty conscious. The beauty and wellness industry has grown exponentially. This course has been designed to provide in depth knowledge of theory and practicality in the emerging trends of cosmetology and Health. To keep pace with the latest development\innovation\techniques and trends in beauty industry at national as well as international level the curriculum is being revised and various Traditional Therapies and alternative practices of beauty treatments, Ayurvedic Therapies, spa therapies, advance make up techniques, body polishing and wrapping are being added in this revised syllabus, thus creating more and more job opportunities for the student of this department.

Duration of the program: Three Years

Program Vision

- To create highly skilled, proficient, creative, innovative and entrepreneurial Beauty therapists having professional ethics, passion and competence to adapt the latest transformations in technology.
- To enhance the technical capabilities of students through learning and practicing in the relevant domain to become an effective and successful Beauty therapist and hairdressing professional to cope-up with the changing technical demand of the market and to build a better foundation of students for higher studies.

Program Outcome

a) **Basic Knowledge/Skills:** After completion of the course, students are able to:

- Understand the basic concept, principle, terminology and requirements related to profession.
- Acquire Knowledge of various types of material, equipment's, implements to give treatments under various subjects taught.
- Ability to understand, recognize and handle the various problems of customers related to beauty and hair.
- Skill in planning and performing skin, scalp, hair and obesity related treatments.
- Acquire Knowledge of anatomy and physiology of the human body to make it easy to adopt the correct method of treatment.

- Able to create designs on nails, hands, feet and all over the body with henna and colors.
- Able to translate ideas of fantasies into visual form with cosmetics make ups.
- Acquire Knowledge and skill in different massage therapies to treat hands, feet, nails, head, face and rest of the body.
- Able to understand the latest trend in fashion and application of the same accordingly.
- Acquire Knowledge and skill in enhancing the beautification/ uplifting the sagging muscles of face, neck, body using manual aesthetics methods and machines.
- Acquire Knowledge and skill in planning the diet charts for different age groups as per their calorie's requirement.

b) Software Skill and Project Skills:

Software Skill: After completion of the course, students are able to

- Understand the basic fundamentals of IT
- Able to operate the computer efficiently

Project Skills: After completion of the course, students are able to

- Design minor projects to enhance their practical knowledge and skills on Beauty, Hair, yoga and professional ethics.
- Prepare Industrial training reports by visiting different beauty salons/ skin clinics /spas/ yoga centers.

c) Personality Traits and Ethics: After completion of the course, students are able to have Conscientiousness, Openness, Agreeableness, Solution oriented, sincere and Extraversion.

Soft Skills: Effective Communication, Adaptability, Leadership, Teamwork, Time management., Emotional intelligence, Organization and Collaboration.

Credit Scheme

SEMESTER I						
S. NO.	SUBJECT CODE	COURSE TITLE	HOURS/WEEK			TOTAL CREDITS
			L	T	P	
1	CH-HS101	Face The World Skills- I	-	-	-	3
2	CH-HS102	English Communication-I	2	0	0	2
3	CH-HS103	Sports & Yoga	0	0	2	1
4	CH-PC101	Fundamentals Of Hair Care	1	0	4	3
5	CH-PC102	Yogic Suksham Vyayam-I	1	0	4	3
6	CH-PC103	Fundamentals Of Skin Care	1	0	4	3
7	CH-PC104	Epilation And Depilation	1	0	4	3
8	CH-FC101	Introduction To Nutrition	2	0	0	2
9	CH-SI105	Industrial Visit	0	0	4	2
TOTAL			8	0	22	22

SEMESTER II						
S. NO.	SUBJECT CODE	COURSE TITLE	HOURS/WEEK			TOTAL CREDITS
			L	T	P	
1	CH-HS201	Face The World Skills- II	-	-	-	1
2	CH-HS202	English Communication-II	0	0	2	1
3	CH-HS203	Environmental Studies	-	-	-	1
4	CH-PC201	Wet And Thermal Hair Styling	1	0	4	3
5	CH-PC202	Yogic Suksham Vyayam-II	1	0	4	3
6	CH-PC203	Hair And Scalp Treatment	1	0	4	3
7	CH-PC204	Hand And Feet Care	1	0	4	3
8	CH-FC201	Basics Of Anatomy & Physiology	3	0	0	3
9	CH-SI205	Industrial Visit & Market Survey	0	0	4	2
TOTAL			7	0	22	20

Note: The syllabus for common subjects like English Communication, Face the World Skills, Sports & Yoga, Indian Constitution, Human Values are provided separately.